

UNK Counseling Substance Use Services

All services applicable to UNK students only.

Student Health and Counseling 308-865-8248

CHOICES CLASS: \$75 (Alcohol education course)

- Referral Sources: Court, Diversion, Substance Abuse Evaluation
- Choices class will be offered once per month from 2pm-5pm. Cost: \$75
- Cap is at 12 students with a minimum of four students.

Curriculum: Introductions, share stories, myths, BAC information, quiz, and risks, and information about the Good Samaritan law; completion of the CHOICES workbook by The Change Companies. Follow up session required prior to completion of class.

SUBSTANCE USE EVALUATIONS: \$175

- Typically court or diversion ordered only
- Intensive collection of substance use history and clinical recommendations
- Court approved ASI format
- Multiple clinical assessments administered for recommendations (AUDIT, SASSI & SALCE)

DRUG & ALCOHOL ASSESSMENT: \$10

- Required by UNK Conduct officer, athletics, and Diversion (1st time offenders)
- 45 min assessment, clinical assessment (SALCE), clinical interview (substance use history)

COURT ORDERED SUBSTANCE USE COUNSELING: \$10 per session

-Recommended by court, probation, or substance abuse evaluations

-Weekly, ongoing sessions

-Offered to assist students identified to already have a substance use problem or are at risk for developing problems.

UNK Registered Providers

Kiphany Hof, LIMHP

Sarah Spellbrink, LIMHP