

SQUARE ONE

Counseling Center™

Square One Counseling, located in Kearney, Nebraska, believes treatment is a valuable tool in achieving the reality of recovery. Everyday life can present many challenges. When those challenges seem overwhelming, guidance from a professional therapist can make the difference.

It is the goal of Square One Counseling to provide compassionate services in a safe environment. Square One Counseling aspires to encourage the healthy functioning of individuals and families through sensitive and affordable behavioral health services

Square One Counseling is a probation preferred provider and part of the Blue Cross Blue Shield Network.

PROGRAMS

Drug/Alcohol Education Course

- Probation preferred provider
- Fulfills requirements for alcohol education
- Must call to register
- Offered every 3rd Saturday of the month

Court Approved
for MIP & DUI

Structured Outpatient Alcohol/Drug Counseling

- Minimum 14 week program
- Monday and Wednesday Group 5:30-6:30
- Individual and Family Sessions- weekly/bi-weekly
- Alcoholics Anonymous/ Narcotics Anonymous meetings based on recommendations

Outpatient Alcohol/ Drug Counseling

- 12 week program or individualized on client need
- May include weekly group sessions
- Individual sessions weekly or bi-weekly
- Alcoholics Anonymous/ Narcotics Anonymous meetings based on recommendations

Mental Health Counseling

Chemical Dependency Evaluations

Chemical Dependency Jail Evaluations

CALL

(308) 440-9598

EMAIL

square1counseling@gmail.com

VISIT

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Kearney, NE 68847